

THE INSIGHT MEDITATION CENTER OF NEWBURYPORT

Courses

Non-Member/Mem

Wednesday starts 1/18	7:00 – 9:00pm	Matthew Daniell	\$204/\$156
Thursday, Session I starts 1/19	7:00 – 8:30pm	Matthew Daniell	\$102/78
Thursday, Session II starts 3/15	7:00 – 8:30pm	Matthew Daniell	\$102/78
Practice-oriented book group	5:30 – 6:45pm	Ted Jones/Carolyn Davis	\$70/60

Retreats**

Saturday, February 4th	9:00am - 5:00pm	Matthew Daniell	\$60/45
Saturday, February 18th	9:00am - 5:00pm	Kate Lila Wheeler	\$60/45
Sunday, February 26th	9:00am - 5:00pm	Chas DiCapua	\$60/45
Saturday, March 17th	9:00am - 5:00pm	ChasDiCapua	\$60/45
Saturday, March 31st	9:00am - 5:00pm	Matthew Daniell	\$60/45
Sunday, April 15th	9:00am - 5:00pm	Kate Lila Wheeler	\$60/45
Saturday, April 28th	9:00am - 5:00pm	Chas DiCapua	\$60/45

**Any full day retreat may be taken as a half-day from 9:00-12:30pm

Workshops

Saturday, January 21st	9:30am - 1:00pm	Matthew Daniell	\$45/35
Sunday, January 22nd	9:30am - 4:00pm	Matthew Daniell	\$65/50
Saturday, March 3rd	9:30am - 1:00pm	Chris Crotty/M. Daniell	\$45/35
Saturday, March 10th	10:00am - 12:30pm	Matthew Daniell	*see below
Sunday, March 25th	9:30am - 1:00pm	Jim Austin	\$45/35
Saturday, April 21st	9:30am - 1:00pm	Matthew Daniell	\$45/35

* March 10 workshop is through Newburyport Adult Ed. Contact them at 978-465-1257.

To register, complete form and send with fee to:

**IMCN Registration
443 Middle Street
West Newbury, MA 01985**

If class has enough pre-registers, you may come as a late registrant, informing us via email or phone of your commitment to attend. To complete this registration process please come to IMCN 10 minutes prior to your program and pay the full fee.

**IMCN offers a flexible fee structure (see brochure). Contact our director
via email: meditate@IMCNewburyport.org, or call the Center at 978-499-0325.**

IMCN REGISTRATION (copy this form for future retreats)

Name _____

Street Address _____ City _____ State _____ Zip _____

Email Address _____ Telephone (_____) _____

Course Description _____ Date _____ Fee enclosed _____

Please enclose full fee. Email confirmation will be sent & you will be contacted if there are any changes.